

## WALK IN CENTRE

Things we <u>do</u> see at the walk-in:	Things we <u>don't</u> see at the walk-in:
<p><b>Minor ailments:</b> (Things such as coughs, colds and infections which have just come on in the last 48 hours)</p> <p><b>Morning after/Emergency contraception:</b> (Must be seen by a clinician first to get the prescription)</p> <p><b>One off wound dressings:</b> (We will redress your wound once but you need to go to your own GP for continuous care)</p> <p><b>Stitch/Staple removal:</b> (Note: not all nurses on the walk-in can remove staples)</p> <p><b>Rashes</b></p> <p><b>Emergency prescriptions:</b> (We will do one off emergency prescriptions for some medications. We require proof of the medication you are requesting such as an old prescription or a box with your name on it as we have no access to your medical records. If you do not have proof please be aware that the clinicians may not be able/happy to do a prescription for safety reasons. We will not start you off on medication such as contraception.)</p> <p><b>Changes to colour and size of moles</b></p> <p><b>UTI/Kidney infections/Cystitis/Blood in urine.</b> (We will ask for a urine sample)</p> <p><b>Blood in stools</b></p> <p><b>Sickness and diarrhoea</b></p> <p><b>Lumps found in breast/testicles</b></p> <p><b>Thrush</b></p> <p><b>Conjunctivitis/eye infections</b></p> <p><b>Tetanus jab:</b> (If you have been bitten by an animal or have injured yourself.)</p> <p><b><u>Things we see by appointment only:</u></b></p> <p><b>Smoking cessation/stop smoking</b></p> <p><b>Travel vaccinations:</b> (The travel clinic is private and we do charge for the consultation as well as each vaccination you may need)</p>	<p><b>STI screening:</b> (We do not test for STI's here but do have Chlamydia tests in the toilets you can do yourselves)</p> <p><b>Termination of Pregnancy:</b> (You can either go to your own GP or self refer to the Central Health Clinic)</p> <p><b>Sick Notes:</b> (You can only get a sick note from your GP Surgery. If you have no GP you must register with one. If you are registered here you must book a GP appointment.)</p> <p><b>Long standing issues:</b> (Long standing issues are things you are already seeing your own GP for, things which have been going on for longer than a few days.)</p> <p><b>Dental issues:</b> (We do not give antibiotics for dental abscesses unless the GP believes there is a medical reason for it. We can give pain relief but it would be the same things you can buy over the counter.)</p> <p><b>Second opinions:</b> (We do not give second opinions about issues you have already gone to your GP about.)</p> <p><b>Referrals:</b> (We will not refer you for routine things you would need to go to your own GP.)</p> <p><b>Injuries:</b> (We do not x-ray, stitch or have the equipment to get things out of ears and eyes. You must go to minor injuries if you are over 16 or the children's under. Note: if you have injured your head, upper legs, torso, or upper arms you go to Northern General if you are over 16.)</p> <p><b>Freezing/removing warts</b></p> <p><b>Removing or putting in of implants of any kind:</b> (you must go to your own GP, or you can try Central Health Clinic on 0114 3054000)</p>

\* If we cannot help you here you may wish to consult [www.nhs.uk](http://www.nhs.uk) or alternatively you can pick up the Choose Well leaflet on reception